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Rocket Science

March 2017

Jumada al-Akhir / Rajab 1438



In the name of Allah,
most Gracious, most Merciful

Duas of our prophets

Our greatest teachers in the world are the prophets of Allah (swt). In this article we look at some of the supplications (duas) made by the best of creations to live in this world. Let us, insha Allah, try to memorise all of these duas so that we can use them in our daily lives on appropriate occasions.

If you are a born Muslim, think back at your early days as you were growing up in the care of your parents and teachers. You would have memorised a lot of these duas yourself, but have you ever thought who recited these supplications first? And in what situation were the duas made? Have you studied the meaning? Perhaps we take them for granted. We do not ponder on the deeper meaning of these verses.

Each and every dua from our prophets has a story and meaning of its own. And they are all captured in our holy book, the Quran. Most begin with the word *Rabbana* which means "Our Lord". There is even a compilation of 40 *Rabbana* duas widely found on the internet and as an app for your mobile device. In fact, the Quran has 64 verses that contain the word *Rabbana*. The word itself is mentioned over 72 times in the Quran.

Ibrahim (as)

We begin with Abraham (Ibrahim, as). He was the father of the three

religious communities that we know today (Islam, Christianity and Judaism).

As he was put in the raging fire, he stayed calm, cool and collected. He recited this amazing dua, which is still remembered by many of us today in times of distress:

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

"Sufficient for us is Allah, and [He is] the best Disposer of affairs."
(Quran, 3:173)

هُوَ مَوْلَانَا فَنِعْمَ الْمَوْلَى وَنِعْمَ النَّصِيرُ

"He is your protector; and excellent is the protector, and excellent is the helper."
(Quran, 22:78)

These were also the words of our beloved Prophet Muhammed (saw) as he learnt that there was a huge army behind the mountain waiting to attack him and drive Islam into extinction.

As Ibrahim (as) and his son Ismail (as) built the Kaaba in Mecca, he made the following supplication:

رَبَّنَا نَقْبَلُ مِنْكَ أَنْتَ

السَّمِيعُ الْعَلِيمُ

"Our Lord, accept [this service] from us. Indeed You are the Hearing, the Knowing."

Other duas from Ibrahim (as) include:

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ

ذُرِّيَّتِي رَبَّنَا وَتَقَبَّلْ دُعَاءَ

"My Lord, make me an establisher of prayer, and [many] from my descendants. Our Lord, and accept my supplication." (Quran, 14:40)

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ

وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

"Our Lord, forgive me and my parents and the believers on the Day the account is established." (Quran, 14:41)

Yunus (as)

We have all heard the story of Jonah (Yunus, as). Out of frustration and impatience, he fled the town where he was supposed to give dawah. As he was travelling in the sea, Allah (swt) made a whale swallow him up. In this time of difficulty, Yunus (as) went back to Allah (swt), and made this supplication:

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ

إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

"There is no deity except You; exalted are You. Indeed, I have been of the wrongdoers." (Quran, 21:87).

This is the universal supplication for times of distress, which we recite today even after several centuries. Masha Allah! Many of us know this dua by heart, but how many of us can tell the story behind it?

Nuh (as)

The story of Noah (Nuh, as) is an interesting one. When he was floating in his ark in a thunderstorm, he too asked Allah (swt) for help.

رَبِّ أَنْزِلْنِي مُنْزَلًا مُبَارَكًا

وَأَنْتَ خَيْرُ الْمُنْزِلِينَ

"My Lord, let me land at a blessed landing place, and You are the best to accommodate [us]." (Quran, 23:29)

We too can use this dua when travelling be it by land, water or air.

Adam (as)

Adam (as) with his wife gave into Shaitan's whispering and committed the first sin in the history of mankind. He and his wife Eve (Hawwa, ra) were literally sent down to earth, filled with regret. Nabi Adam (as) stood on Mount Arafah and made the following heartening dua:

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَمْ تَغْفِرْ لَنَا

وَتَرْحَمَنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

"Our Lord, we have wronged ourselves, and if You do not forgive us and have mercy upon us, we will surely be among the losers."

A Hajj is not complete unless the day of Arafah is observed. All Hajjis make the exact same dua in the mount of Arafah pleading to Allah (swt) to forgive them. We remember the first sin, this dua and we also remember how Allah (swt) is Most Forgiving and the Most Merciful by reciting this dua at times of disobedience.

These were some of the duas of our ancestors. They apply to us even in this day and age. Let us try to learn, understand and recite these duas as part of our daily life, insha Allah.

The theme of our prophets was to leave a legacy behind them. They did not leave behind materialistic legacies like large amounts of gold, diamonds, massive palaces, kingdoms or empires. Instead they left us something much more important. They showed us a path without any dead ends or detours that will take us straight to Paradise, insha Allah, which is our ultimate goal: Al Jannatul Firdaus.

Their motto was simple:

حَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

They relied on Allah (swt) during hardship and ease. Allah (swt) was sufficient for them. Allah (swt) should be sufficient for us as well. Let us learn to rely on Him alone through life's trials and tribulations.

Allah (swt) says in the Quran:

إِنَّ اللَّهَ مَعَ الصَّابِرِينَ

"Indeed, Allah is with the patient and forbearing." (Quran, 2:153)

Allah's prophets show us how to deal with trials without giving up hope and plunging into despair.

We conclude this article with the great dua that our Last Messenger Prophet Muhammed (saw) made. We know he is the best example for mankind. He prayed, he spent time with his wife, children and the community, he stayed in solitude in the cave Hira, and he also spent time in recreation and with his people. He was never too attached to this world nor did he distance himself from enjoying Allah's creations. We could say he had a truly balanced life. And this is one of his favourite duas:

رَبَّنَا آئِنَا فِي الدُّنْيَا
حَسَنَةً وَفِي الْآخِرَةِ
حَسَنَةً وَقِنَا عَذَابَ النَّارِ

"Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire."

Let us learn from these wise words from our beloved prophets (as). Their legacy is not their wealth or their children, but rather is how they lived and what they did during their life on earth. One way we too can become legends like them is by using these duas with understanding at the right time. Let us insha Allah make an effort to memorise these so that we too can increase our imam and get closer to the Almighty.

Muslims and the media: Countering negative news

These are difficult times for Muslims. Undoubtedly we are being tested by Allah (swt). *Rocket Science* looked at so-called fake news last month. Now we would like to broaden the story out a little and see how we should respond.

First let us stand back and ask the question, "Why respond at all?" Why should we care when "news" about Muslims turns out to be untrue? What business is it of ours if newspapers put inflammatory or untrue headlines on stories? Why should two little words on a photo caption matter to us? Who cares if a broadcaster boldly but wrongly defines *jihad* as "holy war"?

The short answer is that we should all care and we all need to respond appropriately to correct injustices. Justice is one of the highest principles of Islam.

One of the most frequently quoted ahadith should be our guide in this matter. Abu Sa'īd al-Khudri (ra) said, "I heard the Messenger of Allah (saw) say, 'When any one of you notices anything that is disapproved [of by Allah], let him change it with his hand, or if that is not possible, then with his tongue, or if that is not possible, then with his heart, though that is the weakest [kind of] faith'" (Muslim).

It is hard to believe that Allah (swt) would be anything but disapproving of lies being spread about Islam and Muslims, or indeed about non-Muslims. And note that the hadith says "any one of you". The ball really is in our court!

Let us look at a few examples of what's been said and written

recently. There are scores of other examples so we can only aim to give a representative sample here.

The USA

Most people agree that things have become worse for Muslims around the world following the election of Donald Trump as US president. (That still holds true, as we will demonstrate, even if you set aside his controversial and legally dubious attempt at barring entry to the USA of Muslims from a select list of Muslim-majority countries.)

Kellyanne Conway, his campaign manager at election time and one of his closest counsellors, spoke about "the Bowling Green massacre" in a TV interview with Chris Matthews on MSNBC¹ while she was attempting to defend the president's immigration ban. She later claimed she simply used the wrong word, but in fact she had used those same words (or the word "attack") on previous occasions. Here are her words on MSNBC: "I bet it's brand new information to people that President Obama had a six-month ban on the Iraqi refugee program after two Iraqis came here to this country, were radicalised and they were the masterminds behind the Bowling Green massacre. Most people don't know that because it didn't get covered."

While it is true – and widely reported – that Obama reviewed visa procedures for Iraqi refugees for six months in 2011, there was no outright ban. The "massacre" did not get covered because there never was one.



Donald Trump



Kellyanne Conway

At a rally in Florida, Trump himself referred to what was supposedly happening in Sweden, where he said, "You look at what's happening last night in Sweden. Sweden. Who would believe this? Sweden. They took in large numbers. They're having problems like they never thought possible."² The implication, given what we know of his attitudes and previous statements, was that there had been a terrorist incident committed by Muslims in Sweden.

Mr Trump did not specify what incident he was referring to, which left many Swedes baffled and its Washington embassy "trying to get clarity" from the White House. In fact nothing more terrifying had been happening that weekend than selecting the country's entry for the Eurovision Song Contest.

But White House principal deputy press secretary Sarah Sanders said Mr Trump was referring to "rising crime and recent incidents in general, and not referring to a specific incident"³. So why "last night"? Mr Trump later tweeted to confirm he was referring to a Fox News report which drew a link between rising crime and refugee admissions in Sweden. (Kristina Wong sensibly queried by tweet why he was getting his news from Fox and not from security briefings or cabinet.)

Germany

The German *Bild* newspaper ran a story about attacks on women by "Arab-looking men" (Muslims, presumably). A restaurant chef told a *Bild* reporter that a group of about 50 Arab-looking men had rampaged through his restaurant and others nearby during New Year's celebrations. He said they sexually assaulted women and stole items including jackets. The



Donald J. Trump ✓
@realDonaldTrump

Follow

Give the public a break - The FAKE NEWS media is trying to say that large scale immigration in Sweden is working out just beautifully. NOT!

RETWEETS 34,136 LIKES 136,356



6:15 AM - 20 Feb 2017

51K 34K 136K



Kristina Wong ❄️ @mskristinawong · Feb 20

@realDonaldTrump Why are you getting your news from Fox and not from your Security briefings or your Cabinet?

waitress was quoted as saying, "They grabbed me under my skirt, between the legs and on my breast – their hands were everywhere."

Journalists from other media investigated but found no evidence of any such events. Prosecutors opened an investigation into both witnesses' claims and authorities searched the apartment of the waitress. "The accusations are completely baseless," police told local media. *Bild* retracted the story⁴.

The UK

That venerable British broadcaster, the BBC, also needs to be watched (or listened to) closely. A few months ago their Arts Hour presenter claimed that, "as we all know, jihad means holy war". One of our foremost Islamic scholars in this region, Imam Afroz Ali, said that nothing happening in today's world can legitimately be defined as "holy war" (largely on the grounds that nothing these days is being done in self-defence). Jihad is primarily the struggle we have with our own selves in our efforts to become better human beings.



Sarah Sanders

"The greatest jihad is to battle your own soul, to fight the evil within yourself" (Hadith)

New Zealand

Lest you think all this misrepresentation of our religion is taking place overseas, we are not immune to problems with the media here in New Zealand.

In 2014, when Daryl Jones and Christopher Havard were killed by a drone strike in Yemen, the Christchurch Press headlined their reporter Nicole Mathewson’s story “Killed terrorists radicalised in Christchurch”. Illustrating the story was a photograph of the local mosque with the disingenuous caption “RADICAL BASE? The mosque in Christchurch.” Mathewson’s story provided no substantial evidence for her accusations; on scrutiny, the story falls apart. It was, arguably, a libel against the Muslims attending that mosque.

The following year, after the November 2015 Paris bombings, the Muslim Association of Canterbury issued a carefully worded statement condemning all killing. It was reported in the Christchurch Press on 17 November. Possibly glad to try and repair the damage they had done to Muslims earlier, they ran the statement as a story, then completely spoiled the effect by referring in a photo caption to the acting imam, Hisham El-Zeiny, as a “Muslim fundamentalist”. They added insult to injury by printing “muslim” instead of “Muslim” in the other caption. How would Christians feel if we referred to them with a lower-case (small) c?

Words are powerful and some carry with them lots of baggage. “Fundamentalist” is one and “vigilante” is another, as we shall see in our final example, which concerns non-Muslims in Auckland. The *Oxford English Dictionary* (6th edition, 2007) in part defines vigilante as “... any person executing summary justice in the absence or breakdown of legally constituted law enforcement bodies.” Most people would agree with that definition.

The *Western Leader* newspaper in Auckland interviewed people regarding the need for more volunteers to join the Community Patrols New Zealand (CPNZ) Glen Eden group. Their headline? “Volunteer ‘vigilantes’ needed”. The chairman of CPNZ Glen Eden is Trevor Goldsmith, who is quoted in the article. He specifically told the reporter at the time of the interview that the group does NOT want vigilantes. Somebody wasn’t listening, it seems. Or were they wilfully sensationalising the story?

Killed terrorists radicalised in Christchurch

NICOLE MATHEWSON

Last updated 16:00 04/06/2014

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Two men killed by a drone strike in Yemen were reportedly introduced to radical Islam at a mosque in Christchurch, but the prime minister does not believe the city is a base for radical Islam.

Daryl Jones, who had dual New Zealand-Australian nationality, and Australian Christopher Havard were killed by a missile fired by a US drone last November.

Australia’s ABC news has reported the pair were had been on an Australian Federal Police watch list because of their links to the banned Al Qaeda in the Arabian Peninsula (AQAP) terror group.

ABC said Havard and Jones - who went by the name Muslim bin John - met in Christchurch.

Havard’s mother, Bronwyn Dowrick, and his stepfather, Neill Dowrick, said Havard moved to Christchurch after converting to Islam.

He joined the local mosque and told his parents that was where he first encountered radical Islam.

“When he moved into the mosque he realised what they were trying to convert people to,” they told ABC.

“That’s when he left and went to Dunedin. He didn’t agree with what they were teaching.”

RADICAL BASE? The mosque in Christchurch.

Conclusion

Returning to the hadith we quoted earlier, if we become aware of lies or misrepresentations like those we've cited, we can attempt to set them right by our hand – write to the editor, for example. An Auckland Muslim wrote to the BBC about their incorrect definition of *jihad* (getting nowhere and being told somewhat irrelevantly that the show's presenter "has Muslims in her own family"). Or we can act by our tongue – speak to the editor over the phone or ask for a face-to-face meeting (as Canterbury Muslims did); demand a correction or retraction. Ask one of our scholars for an opinion if it involves complicated religious issues.

Remain calm and polite but firm in your dealings with the media. You may be the first Muslim a particular journalist has spoken with so it is important to be a voice of reason. Take the trouble to learn how media organisations function, and ascertain who does what. For example, captions and headlines are likely to be written by people known as sub-editors rather than the journalists who submit the story to their editor.

It is a truism that people generally recall the initial story, but the retraction, even if there is one, is rarely top-of-mind (especially when it's buried on an inside page). But you will have had the satisfaction of knowing you did the right thing. If we seek to please Allah (swt), that will be sufficient for us. And Allah knows best.



1 www.washingtonpost.com/news/the-fix/wp/2017/02/06/kellyanne-conways-bowling-green-massacre-wasnt-a-slip-of-the-tongue-shes-said-it-before/?utm_term=.574647117676

2 www.pressherald.com/2017/02/19/sweden-has-no-idea-what-trump-meant-when-he-said-you-look-at-whats-happening-last-night-in-sweden/

3 edition.cnn.com/2017/02/19/politics/trump-rally-sweden/

4 www.nytimes.com/2017/02/16/world/europe/bild-fake-story.html?_r=0

The sun shines on the righteous!

Peacenic (Picnic for Peace) 2017 took place in Monte Cecilia Park, Auckland, on Sunday 19 February. The event was organised by the Council of Christians & Muslims (CCM) as an enjoyable interfaith gathering.

Michael Wood, the new Labour MP for Mt Roskill who replaced Phil Goff when the latter became Auckland's Mayor, spent a long time chatting with Muslims and Christians as well as some Local Board politicians who came along.

A police car pulled up in the adjoining car park, lights flashing, but it turned out to be an Auckland Community Constable, PC Heber Gasu from Glen Eden, who had been invited. He kindly spent the next hour inviting kids to sit in his police car and be photographed wearing a police cap, playing games with the children, and chatting with various groups – including giving a warm welcome to this country to an Egyptian father and son who had been in New Zealand for just 20 days.

There was clearly a lot of "appropriate mixing" as Muslims and Christians gently discovered what they had in common rather than what separated them.

It was also interesting to observe interaction between the different Christian denominations – at least three were represented – whose approach to and practice of their seemingly homogeneous faith can be surprisingly different to outsiders.

A kowhai tree in a tub was used to place handwritten messages of peace, a delightful touch that typified the nature of the day.

Early rain cleared up and the day became warm and generally sunny as the children enjoyed a bouncy castle and games, and the adults enjoyed the conversation. Food, most of which could legitimately be described as tawhib (wholesome or organic), was shared around.

This was the second Peacenic and insha Allah (God willing) it will become ever more popular in the years to come.



ALL WELCOME

- Bring your lunch
- Bring a friend
- Bouncy castle for under 8s
- Sports and Activities for kids

Check Facebook for updates & catering tips

Peacenic

"there are no strangers,
just friends we haven't met yet"

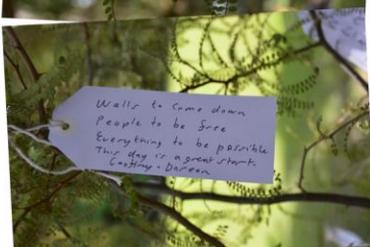
Sunday 19th February • 11:30am – 3:00pm
Monte Cecilia Park, 72 Hillsborough Road entrance

An event promoting interfaith friendship, sponsored by the Council of Christians & Muslims Inc. • info@peacenic.org.nz

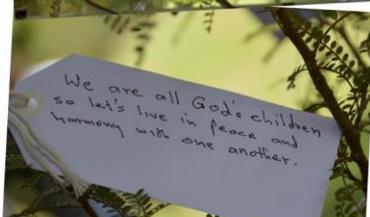





Messages of peace



*Peacenic 2017
Sunday 19 February
Monte Cecilia Park
Auckland*



Michael Wood MP

PC Heber Gasu





Jannah Road Op Shop
164E Stoddard Road
Mount Roskill

Email: jannahroad@gmail.com

Tel: 021-0831 0030

Website:
www.jannahroad.co.nz

Islamic op shop desperately in need of volunteers

Jannah Road, which is New Zealand's only Islamic op shop, is desperately in need of sisters who could volunteer their time for just a few hours a week helping out in the shop.

Sister Deniz, who opened the shop a couple of years ago as a source of income for various Islamic charities and who takes not a single cent for herself, is generally on her own in the shop as very few

volunteers have stepped forward and even those few who have worked in the shop proved unable to keep helping on a consistent basis.

The shop, conveniently situated next to Khyber Food & Spices in Stoddard Road, is a valuable asset to the Muslim community and deserves our support to ensure it remains open.



FEMALES ONLY
BADMINTON



Smash It!

WITH US EVERY TUESDAY

6:30pm - 7:30pm

FEB 21 TO MAY 9

YMCA Lynfield Youth & Leisure Centre
16-18 Griffen Park Road, Lynfield

\$5 per session or \$40 for a full term

REGISTER AT YMWA.ORG/BADMINTON



“I am a Muslim too”

There have been many effects of president Donald Trump’s travel ban on seven Muslim-majority countries. One of them has been to galvanise Muslims and non-Muslims, including Jews, into taking action to express disapproval of the policy, and solidarity with people of all faiths. In February, demonstrations were held in various cities across the USA, including New York, Washington DC, Chicago, Kansas City, Denver, Milwaukee, Salt Lake City, and Atlanta¹, with the

hashtag #IAMAMuslimToo. The events were organised by Russell Simmons, chairman of the Foundation for Ethnic Understanding and co-founder of the hip-hop and urban music label Def Jam, together with the Foundation for Ethnic Understanding President Rabbi Marc Schneier and Jamaica Muslim Center’s Imam Shamsi Ali. Simmons told the New York crowd, “We are here unified because of Donald Trump ... We want to thank him for bringing us together.”

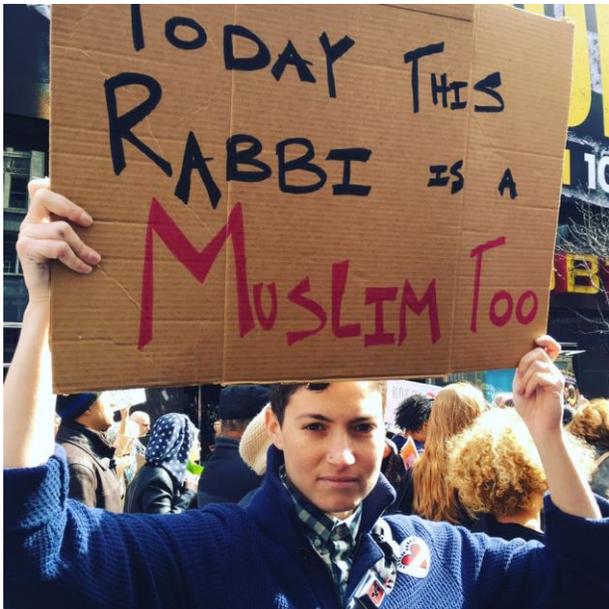
In 2011², Simmons had invited Trump, along with a rabbi and a pair of imams, to meet privately to discuss anti-Muslim bigotry and the importance of tolerance. Trump had earlier talked about the “Muslim problem” in an interview with Fox News’s Bill O’Reilly. Trump later denied using the term, although transcripts of the interview show that he had ... twice. According to Simmons, a long-time Trump friend, “We talked about the hate crimes against the Muslim community in America. Donald was very, very enlightened by learning about the work that’s being done by the Jewish and Muslim communities to promote tolerance.”

People taking part in the US protests included Chelsea and Charlotte Clinton, the daughter and granddaughter of former presidential candidate Hillary Clinton, and actor and activist Susan Sarandon.

1 www.rt.com/usa/377895-iamamuslimtoo-protest-times-square

2 www.salon.com/2011/05/10/donald_trump_russell_simmons





Actor Susan Sarandon (right) with Linda Sarsour, Palestinian-American activist



Yasir Qadhi

Voice of Islam

VOI delivers the message of Islam based on the teachings of the Noble Quran and the Sunnah (practices) of the Prophet Muhammad (saw).
VOI television is broadcast on:

- APNA TV (Freeview channel 36)(10.30 am Sun)
- Face TV (SKYTV channel 83) in New Zealand (11.30 am Sat & 9.00 am Sun)
- Southern Television (Freeview Channel 39) in Dunedin and Southland (see TV guide for times)
- Mai TV (Fiji Broadcasting Corporation) in Fiji (9.00 am Sun)
- Metro TV in Ghana, West Africa (see TV guide for times)

4 & 5 March

Quran 43: 81-84 Allah is 1 and has no son.
Lecture: Understanding Islam by Nouman Ali Khan.
Documentary: Seeing the clear proofs of God's existence part 2.
Tid Bits: Taqwah by Yusuf Estes

11 & 12 March

Quran 43: 81-84 Allah is 1 and has no son.
Clip: Finding peace by Nouman Ali Khan
Lecture: Marriage by Yasmin Mogahed.
Documentary: Seeing the clear proofs of God's existence part 3.
Tid Bits: Shahadah by Yusuf Estes

18 & 19 March

Quran 43: 81-84 Allah is 1 and has no son.
Clip: Be positive during hardship.
Lecture: Mohammad – fraud or messenger by Yasir Qadhi.
Feature: Islam condemns terrorism by Mufti Menk

25 & 26 March

Quran 43: 81-84 Allah is 1 and has no son.
Clip: Come back to Allah before it's too late.
Lecture: The agony of depression by Abu Hamzah.
Documentary: Seeing the clear proofs of God's existence part 4.

Watch VOI online, or order a free copy of the Quran: www.voitv.org

Auckland prayer timetable for March 2017

(from www.islamicfinder.org. For other cities in New Zealand, see www.fianz.co.nz).

Date	Fajr	Sunrise	Dhuhur	Asr 1	Asr 2	Maghrib	Isha
1	05:37	07:06	01:34	05:12	06:10	08:01	09:25
2	05:39	07:07	01:34	05:11	06:09	07:59	09:24
3	05:40	07:08	01:34	05:10	06:07	07:58	09:22
4	05:41	07:09	01:33	05:10	06:06	07:57	09:20
5	05:42	07:09	01:33	05:09	06:05	07:55	09:19
6	05:43	07:10	01:33	05:08	06:04	07:54	09:17
7	05:44	07:11	01:33	05:07	06:03	07:52	09:16
8	05:46	07:12	01:32	05:07	06:02	07:51	09:14
9	05:47	07:13	01:32	05:06	06:01	07:50	09:12
10	05:48	07:14	01:32	05:05	06:00	07:48	09:11
11	05:49	07:15	01:32	05:04	05:59	07:47	09:09
12	05:50	07:16	01:31	05:03	05:58	07:45	09:08
13	05:51	07:17	01:31	05:02	05:56	07:44	09:06
14	05:52	07:18	01:31	05:01	05:55	07:42	09:04
15	05:53	07:19	01:31	05:01	05:54	07:41	09:03
16	05:54	07:20	01:30	05:00	05:53	07:39	09:01
17	05:55	07:21	01:30	04:59	05:52	07:38	09:00
18	05:56	07:22	01:30	04:58	05:50	07:36	08:58
19	05:57	07:22	01:29	04:57	05:49	07:35	08:56
20	05:58	07:23	01:29	04:56	05:48	07:33	08:55
21	06:00	07:24	01:29	04:55	05:47	07:33	08:54
22	06:01	07:25	01:29	04:54	05:46	07:32	08:52
23	06:02	07:26	01:29	04:53	05:45	07:30	08:50
24	06:02	07:27	01:28	04:52	05:43	07:29	08:49
25	06:03	07:28	01:28	04:51	05:42	07:28	08:47
26	06:04	07:29	01:28	04:50	05:41	07:26	08:46
27	06:05	07:29	01:27	04:49	05:39	07:25	08:44
28	06:06	07:30	01:27	04:48	05:38	07:23	08:43
29	06:07	07:31	01:27	04:47	05:37	07:22	08:41
30	06:08	07:32	01:26	04:46	05:36	07:20	08:40
31	06:09	07:33	01:26	04:45	05:34	07:19	08:38

"Between a man and polytheism (shirk) and unbelief (kufr) is the non-performance of the prayer." (hadith)

Asr 1: Maliki, Shafii and Hanbali schools (single shadow length)

Asr 2: Hanafi school (double shadow length)

Credits

Rocket Science is a monthly newsletter produced by the Mount Albert Islamic Trust.

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Why attend Rocket Park jumuah?

Prayers are held at the **Senior Citizens' Association building, Rocket Park, New North Road, Mount Albert.**

- ✓ Central location
- ✓ Plenty of free parking
- ✓ Facilities for ladies
- ✓ Heating and air-conditioning
- ✓ Bayan (religious talk) before jumuah prayers
- ✓ All bayans and khutbahs in English

NB We are only open for Friday prayers – not for the five daily prayers.

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SwT, saw, as, ra

SwT: subhanahu wa ta'ala "Glory to Him, the Exalted" (when mentioning Allah)

saw: salallahu alaihi wassalam "May the blessings and peace of Allah be upon him" (when mentioning Muhammad)

as: alaihis salam "Peace be on him" (when mentioning other prophets)

ra: radi allahu anhu/ha/hum "May Allah be pleased with him/her/them" (when mentioning members of Muhammad's family, companions, etc)